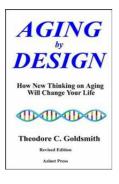
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Why do we age? How do we age? These questions have baffled scientists for centuries and remain unresolved. The answer to the "how" question is critical to our ability to successfully prevent and treat age-related diseases like cancer and heart disease that now cause the majority of all deaths in the developed world. Because of major difficulties in directly experimentally determining causes of aging,...



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very much like his other book....An Introduction to Biological Aging Theory .

This book describes the continuing lack of scientific agreement on the nature of biological aging. The three theories: Aging results from fundamental (and unalterable) deteriorative processes; aging results from the fact that our bodies do not try harder not to age; aging results from our possessing, in effect, a suicide mechanism that...