DOG MEDICINE

At twenty-two, Julie Barton collapsed on her kitchen floor in Manhattan. She was one year out of college and severely depressed. Summoned by Julie's incoherent phone call, her mother raced from Ohio to New York and took her home. Psychiatrists, therapists and family tried to intervene, but nothing reached her until the day she decided to do one...



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Author	Julie Barton
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Peek Inside the Book

In New York, I would walk down shadowy sidewalks dreaming of the openness of central Ohio, yearning for roads flanked by fields, for their freedom and isolation. These roads cradled me. I realized this now. Id been trying to hate Ohio, because it was so hard to be at home. But the land had...

I needed a companion who had no judgment, with whom I had no history, who would make it known that I was loved, who would never, ever hurt me. Julie Barton, Dog Medicine: How My Dog Saved Me From Myself

Reader's Opinions

I have some experience with depression and what it can do to people, so I opened this book with caution bordering on skepticism. What could Dog Medicine tell me that...

In Julie Bartons memoir, Dog Medicine, love and healing come full circle. Bunker saves Julie. Julie saves Bunker. And in the case of this particular reader, Julie and Bunker saved both me and my dog, Tommy. In a voice that is unflinchingly candid and gracefully honest, Julie Barton held me spellbound with the story of her battle with...