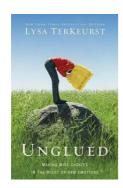
# UNGLUED: MAKING WISE CHOICES IN THE MIDST OF RAW EMOTIONS

God gave us emotions to experience life, not destroy it! Lysa TerKeurst admits that she, like most women, has had experiences where others bump into her happy and she comes emotionally unglued. We stuff, we explode, or we react somewhere in between. What do we do with these raw emotions? Is it really possible to make emotions work for us instead of against us? Yes, and in her usual inspiring and practical way, Lysa will show you how. Filled with gut-honest personal examples and...



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## Unglued: Making Wise Choices in the Midst of Raw Emotions

Author	Lysa TerKeurst
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### **Peek Inside the Book**

Before we move on to the stuffer who collects retaliation rocks, I want to address the issue of impossible people. We know that all things are possible with God. But all things are not possible with people who refuse...

Sip the shame so you won't have to guzzle the regret. Lysa TerKeurst, Unglued: Making Wise Choices in the Midst of Raw Emotions

### **Reader's Opinions**

If youre looking for a devotional for your book club or just thinking of making a New Years resolution about cooling your hot head, check out Lysa TerKeursts Unglued: Making Wise Choice in the Midst of Raw Emotions. I appreciate TerKeurst for her no-nonsense, authentic approach to just about anything (her last book, Made to Crave was...